



My Gift: Myself Meets All Medicare Mandates for Training Hospice Volunteers

Highly acclaimed by hospice volunteers and

volunteer coordinators all over the world, My Gift: Myself A Guide to Excellence in End-of-Life Care for volunteers provides up to the minute and close to the heart information for anyone providing care to a dying patient.

"We looked at everything available on the market this year," says Dianne Garnett, BSW, Administrator of WillowBrook Hospice in Franklin, TN. "Even though we've been using your materials successfully for a decade, we wanted to make sure we had the best available. So I had my volunteer coordinator examine everything out there for training volunteers. She spent weeks, then came back to me with the ***My Gift: Myself*** volunteer training manual in her hands. "***'Nothing can beat this,' she said. 'It's head and shoulders better than any of the others.'***"

"Needless to say, we're sticking with it," says Garnett with a smile.

The acclaimed series is so popular in part because of its **easy to follow, user friendly format**. Jane Shea, of Aurora Visiting Nurse Association in Aurora, CO has used the series for several years.

"I have to tell you, JoAnne, I train more volunteers on a one-on-one basis these days and I really like the book for it's **straightforward format**. It's very easy for me to work with them as they self-pace thru the book and come to me for review. Just last week I had a new volunteer telling me how much she liked the training and said '**Your training is more thorough than some of the job orientations I have had.**' That made me feel good! Thank you again for putting together such a great tool for us volunteer coordinators. :-)"

In circulation since 1997, the My Gift: Myself end-of-life care training DVDs have been totally re-filmed and include interviews with more than 45 experts in the hospice and palliative care field.

Essential for **Volunteer Training** and just as useful for training all members of the team!

DVD One: What's It All About provides inside information on the concepts of palliative care. Among the many hospice experts interviewed are Don Schumacher, President of NHPCO, Dr. Richard Payne, Director of *The Duke Institute on Care at End of Life*, and Dr. Eric J. Cassell, author of *The Meaning of Suffering and the Goals of Medicine*.

DVD Two: What Can I Do? highlights the many effective interventions available to caregivers for making the lives of patients at end of life more comfortable and meaningful.

DVD Three: The Greatest Gift focuses on the special communication skills needed when dealing with dying patients and their families and interacting effectively with fellow team members.

DVD Four: Physical Care is a comprehensive treatment of what signs and symptoms to expect and comfort measures to employ for dying patients.

DVD Five: Things of the Spirit deals with the spiritual aspects of end of life and ways that all team members can center themselves to provide the support dying patients and their families need.

DVD Six: A Time for Grief examines the grief process and how to stay up to date on our own grief as caregivers while providing support to families before and after the death of the patient.

DVD Seven: Caring for You provides crucial information on self care and how it cannot be overlooked while taking care of patients if we want to continue to work with the dying.

Complete End-of-Life Care Training for Nurses Now Available

Everything a nurse needs to know to provide care to a patient at end of life is included in this comprehensive volume. This invaluable resource also provides information for preparing for and taking the CHPN exam to receive certification.

Covering a wealth of information on how to provide care to a dying patient, this resource is unparalleled in the industry today. Using the four basic learning styles in presenting information, this learning module appeals to all parts of the brain and makes information much more accessible and easy to retain. Each chapter is divided into learning sections, ***Just the facts, please...*** covers the factual information about the topic, while ***At the Heart of the Matter*** explores emotional content. ***Putting it Into Practice*** digs into the practical aspects of the material and ***A Closer Look*** zeros in on more detailed content.

My Gift: Myself for Nurses covers:

- pain and symptom management
- principles of communication with dying patients, families and fellow team members
- spiritual care from a nursing perspective
- principles of grief and loss
- burnout prevention and good self care

Also included in this 250+ page manual, is information for patient and family teaching, special information on suggested drugs and interventions for a variety of symptoms and a section on preparing for and passing the CHPN examination.

The basic series of seven DVDs, ***My Gift: Myself***, compliment and expand on the topics covered in this manual. Also available is a specialized DVD for nurses to accompany the manual, ***Preparing for the CHPN Examination, Strategies for Success***.